



Living Positively

victory 
programs
Boston Living Center

December
2024

Staff Directory: December

ADMINISTRATION

Alyssa Collaro - Program Director	245
Megan Deglman - Education & Support Services Manager/Clinical Supervisor	240
Future Coleman-Arroyo -Member Services Manager	222
Jessica Karasik -Food and Nutrition Services Manager	227
Kevin Koerner -Concierge/Facilities Manager	235

MEMBER SERVICES

Steven Spinale -Education Services Specialist	232
Bryan Toapanta -LGBTQ+ Advocate	254
Chris Santana -HIV Peer Advocate & Receptionist	259/200
Ezekiel Russell -HIV Non Medical Case Manager	253
Jonathan Luna-Alcaraz -HIV Non Medical Case Manager	255
Jeff Webb -Peer Services Specialist	247
Chaka Meredith -Peer Re-entry Support Advocate	273
Tucker Chase -MSW Intern	233

FOOD SERVICES

Walter Peavy -Chef	230
Faith Parker -Sous Chef	236
Kenyatta Brooks - Food &Nutritional Services Asst.	236
Ana Berbel -Psychosocial Support Nutritionist	257
Christiana Fonesca -Receptionist & Food/Nutrition Asst.	200/236

SEASONAL PRODUCE CHART



Pears



Limes



Kale



Beets



Apples



Lemons



Swiss Chard



Carrots



Avocados



Cabbages



Kiwifruit



Potatoes



Brussels



Pumpkin



Sprouts



Leeks

Winter



Pineapples



Turnips



Celery



Oranges



Herbs



Winter

Squash



Bananas



Pomegranates



Parsnips



Onions



Grapefruit



Rutabagas



Collard Greens



Sweet

Potatoes

FINDING HOME

with Zeke!



Application Assistance
Housing Search Support
Navigating the Housing System
Advice & Examples



When: 2nd/4th Tuesdays of the month

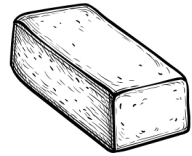
Time: 3pm -4pm

Where: Cyberspace

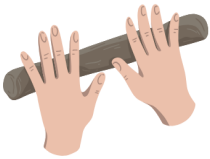
For more information seek out
Zeke, zrussell@vpi.org or ext. 253

Calling All Artists!

CHRISTMAS CLAYMATION

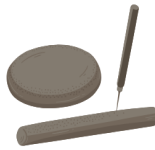


A fun art activity....



Using air-dry clay to make little figurines like snowman, snowflakes and more.

Then adding a pop of color with some paint.

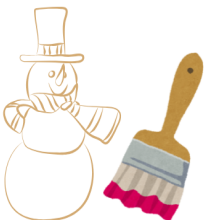


December 5th @ 1:30pm: Making clay items
December 12th @ 1:30pm: Painting our items

See Chris in Member Services for more info.

csantana@vpi.org Ext: 259

Located in the Art Room



Calling All Artists!

ORNAMENT CRAFTING



Join Tucker and Chris in designing wooden ornaments for your Christmas Tree or house.

**December 10th @ 10AM in
the Art Room**

See Tucker or Chris in Member
Services for more info
csantana@vpi.org Ext:259



Calling All Artists!

Festive Diamond Art

A fun calming art activity.




Make creative keychains, coaster,
and ornament using colorful gems.

December 20th @ 10am
December 27th @ 10am

Located in the GJR from 10AM - 11AM
See Chris in Member Services
csantana@vpi.org Ext: 259



Boston Living Center Calendar

Sun	Mon	Tue	Wed
<p>1 <i>World AIDS Day</i></p> 	<p>2</p> <p>1:00p Walking Group</p> <p>4-7p World AIDS Day Vigil + Dinner</p>	<p>3</p> <p>1:45p My Cozy Home</p>	<p>4</p> <p>9:30a Morning Meditation</p> <p>11:00a-1 Acup</p> <p>12p Community table</p> <p>1:30p B.I.G. R Grp</p>
<p>8</p>	<p>9</p> <p>1:00p Walking Group</p> <p>4-5p Chat B4 Dinner</p>	<p>10</p> <p>10a Ornament Decorating</p> <p>1:30p Beaded Jewelry w/ Sarah</p> <p>2-3p Keepin' it 100</p> <p>3-4p Finding Home</p>	<p>11</p> <p>9:30a Morning Meditation</p> <p>1:30p B.I.G. R Grp</p> <p>1:45p Julia's D Party</p>
<p>15</p>	<p>16</p> <p>1:00p Walking Group</p> <p>4-5p Chat B4 Dinner</p>	<p>17</p> <p>BLC CLOSSES @ 2PM</p>	<p>18</p> <p>9:30a Morning Meditation</p> <p>11:00a-1 Acup</p> <p>12p Community table</p> <p>12:30p Karaoke</p> <p>1:30p B.I.G. R Grp</p> <p>1:45p Julia's D Party</p>
<p>22</p>	<p>23</p> <p>1:00p Walking Group</p> <p>4-5p Chat B4 Dinner</p>	<p>24 <i>Christmas Eve</i></p> <p>1:30p Beaded Jewelry w/ Sarah</p> <p>2-3p Keepin' it 100</p> <p>3-4p Finding Home</p>	<p>25 <i>Christmas Hanukkah Be</i></p> 
<p>29</p>	<p>30</p> <p>1:00p Walking Group</p> <p>4-5p Chat B4 Dinner</p>	<p>31 <i>New Years Eve</i></p>  <p>Welcome 2</p>	

Calendar of Events for December

Wed	Thu	Fri	Sat
<p>ing</p> <p>cupuncture nity Servings</p> <p>3. Recovery</p>	<p>5</p> <p>12:00p The Fenway/ MGH Grp table</p> <p>1:30p Claymation Creation pt. 1</p>	<p>6</p> <p>11:00a Yoga</p> <p>1:45p Friday Flick: How The Grinch Stole Christmas</p> 	<p>7</p> 
<p>ing</p> <p>3. Recovery</p> <p>t's Dance</p>	<p>12</p> <p>12p Pantry 12:00p The Fenway/ MGH Grp table</p> <p>12:30p Women THRIVE 1:30p Claymation Creation pt. 2 1:45 Speak Up!</p>	<p>13</p> <p>11:00a Yoga</p> <p>12p Pantry</p> <p>1:45p Friday Flick: Elf</p> 	<p>14</p> 
<p>ing</p> <p>cupuncture nity Servings</p> <p>raoke! 3. Recovery</p> <p>t's Dance</p>	<p>19</p> <p>12:00p The Fenway/ MGH Grp table</p> <p>1:45p Cooking Class</p> <p>1:45-2:45p Grupo Latino!</p>	<p>20</p> <p>10a Diamond Art Painting</p> <p>11:00a Yoga 1:45 Holiday BINGO!</p> <p>2:45p Friday Flick: Office Christmas Party</p>	<p>21 <i>Winter is Here!</i></p>  
<p>Christmas h Begins</p> 	<p>26 <i>Kwanzaa Begins</i></p> <p>12p Pantry</p> <p>12:00p The Fenway/ MGH Grp table</p> <p>1:45 Speak Up!</p> 	<p>27</p> <p>10a Diamond Art Painting</p> <p>11:00a Yoga</p> <p>12p Pantry</p> <p>1:45p Friday Flick: A Bad Moms Christmas</p> 	<p>28</p> 
 <p>2025!!</p>	<p>Bridges Support Group M-F 11a-12p in the Library. Breakfast is served 8a-10:30a & Lunch is served 12p-1:30pm M-F. Dinner is on Mondays 5p-6pm</p>	<p>WHAT'S HAPPENIN' @ THE BLC?!"</p> <p>Check it out! Located at the top of the main staircase</p>	



GINGERBREAD

WORD SEARCH PUZZLE

ARMS
BAKE
BUTTER
CANDY
CINNAMON
COOL
CUT
DECORATE
EGGS
FLOUR
GINGERBREAD
GUMDROPS
HOLIDAY
HOUSE
ICING
LEGS
MAN
MIX
MOLASSES
MOUTH
NUTMEG
NUTS
OVEN
RECIPE
SPRINKLES
SUGAR
TOWN
VANILLA
WOMAN
YUMMY

Y	B	A	K	E	S	P	O	R	D	M	U	G	I	S
M	I	X	S	U	G	A	R	B	W	B	O	A	M	S
Y	J	N	U	T	M	E	G	P	C	U	Y	O	K	M
E	D	R	G	F	L	O	U	R	L	T	U	Y	U	R
L	H	N	R	I	N	S	H	L	I	T	M	A	C	A
S	E	V	A	N	N	S	E	O	H	E	M	D	D	L
E	E	G	J	C	O	G	E	Y	U	R	Y	I	O	L
T	N	L	G	E	S	M	E	S	D	S	I	L	U	I
A	W	B	K	S	Y	A	A	R	S	Y	E	O	G	N
R	O	C	V	N	R	N	N	N	B	A	L	H	D	A
O	M	O	T	E	I	E	E	G	N	R	L	J	V	V
C	A	O	O	P	P	R	C	V	N	I	E	O	J	I
E	N	L	W	L	C	K	P	I	O	I	C	A	M	I
D	H	K	N	B	N	U	T	S	P	F	C	C	D	W
H	C	U	T	L	D	M	C	J	L	E	O	I	I	D

The words appear UP, DOWN, BACKWARDS, and DIAGONALLY.
Find and circle each word.

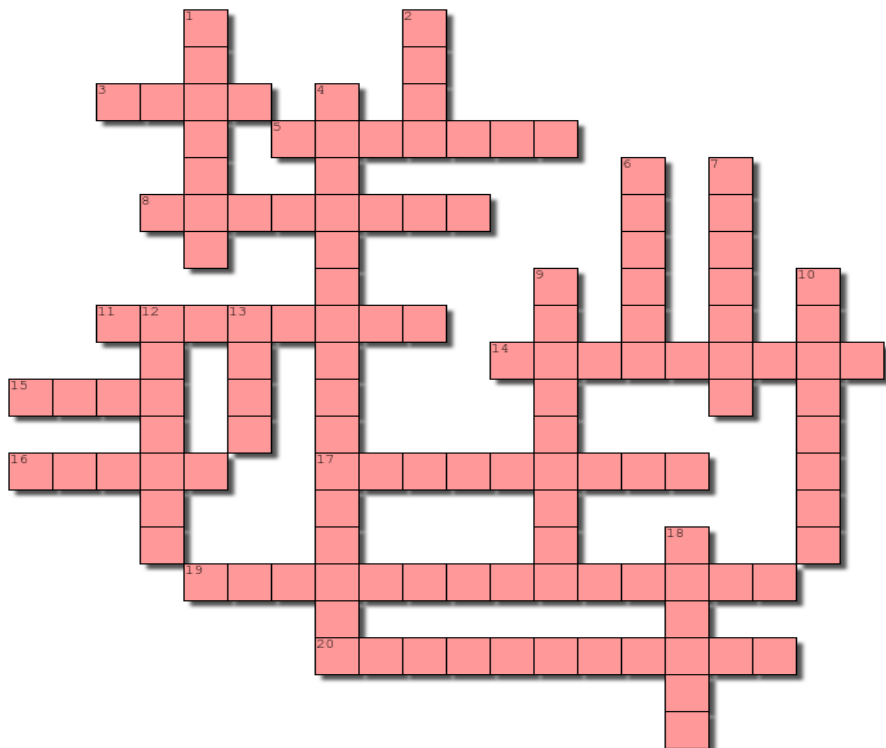


Holiday Brain Games

Name: _____

Holiday Crossword Puzzle

Use your knowledge of the holidays to complete the crossword puzzle below!



Created using the Crossword Maker on TheTeachersCorner.net

Across

3. A common ornament on top of a Christmas tree
5. Gloves with one opening for the thumb and another opening for the other four fingers.
8. The eight-day "festival of lights" commemorating the rededication of the Jewish temple around 200 B.C.
11. What you get for the holidays
14. A parasitic plant with white berries, hung from doorways as a Christmas decoration. People may kiss when standing under it.
15. What you use to get down a snowy hill
16. cheerful and good-humored
17. The decorations that are hung on a Christmas tree
19. Some families decorate this with ornaments
20. The man dressed in red and white who delivers presents

Down

1. A seven-day holiday celebrating African American culture
2. Another word for present
4. Some may leave this snack for Santa Claus on Christmas Eve
6. The name of the time period between November 29th and December 24, 2020
7. A hollow structure allowing smoke from an indoor fireplace to vent outside
9. The animals that pull Santa's sleigh
10. A sock that hangs by the chimney
12. A reindeer with a red nose
13. This normally falls during the winter
18. Decoration that is hung on the door

FOOD PANTRY

victory
programs
Boston Living Center

Get fresh + seasonal harvest
and shelf-stable produce

December 12th & 13th
December 26th & 27th

12pm - 1:30pm
in the Dining Room



For more information please contact Jessica or Ana in Nutrition

Cooking Class

HOLIDAY BITES



Thursday, December 19, 2024

**1:45pm - 3:30pm in the
Dining Room**

See Ana to sign up!

1

MASKS



If you are going to wear a mask please wear your mask properly over the mouth and nose.

Face coverings (masks) are encouraged. Protect yourself from cold & flu and covid viruses.



2

HAND WASHING



We encourage washing your hands with soap and water.

TESTING (BY APPOINTMENT)

MON-FRI 9:30AM-3:30 PM



- **Hepatitis C**
- **HIV**
- **Chlamydia**
- **Gonorrhea**
- **Syphilis**

Gift cards offered for getting tested

Available Drop In Supplies

- Hygiene Kits
 - Injection Kits
 - Crack & Meth Pipes
 - Safer Sex Kits
 - Wound Care Kits
 - Fentanyl Testing Strips
 - Sniffing Kits
 - Narcan
- & More

Mobile Prevention Team
Call or Text
617-519-6355

Food insecure?

The Boston Living Center provides a delicious and nutritious lunch Monday through Friday.

INTERESTED IN BECOMING A MEMBER?

Please contact our front desk staff at 617-236-1012 ext. 0 to schedule an intake appointment.

The Boston Living Center (Member Hours)

Monday 7:30am - 6:30pm

Tuesday - Friday 7:30am - 4:30pm

Continental Breakfast is served 7:30am to 10:30am

Mon., Tues., Thurs. & Fri.

'Sunny Side Up' (Hot Breakfast) on Wednesdays

7:30am to 10:30am

Lunch is served 12 noon to 1:30pm Monday through Friday

Dinner is served ONLY Mondays 5pm –6pm

29 Stanhope Street

Boston, MA 02116

<http://www.vpi.org/blc>

(617) 236-1012 ext. 0

(617) 236-0334 fax